



# CASS

QUARTERLY NEWSLETTER

FOR STAFF MEMBERS



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# CASS

Dedicated To Serve The

## MY JOURNEY OF VOLUNTEERING

### MESSAGE FROM DIRECTOR MR. STEPHEN YANG

I am honoured to share my greetings and reflections on my volunteering journey. I was born in Shanghai, China. After graduating from Fudan University with a Bachelor of Computer Science degree, I came to Australia in 2008 for further study and stayed in Sydney for work and living. I worked in large Australian companies, including Telstra and Optus, for over 10 years. In 2022, I achieved a major career transition after completing Finance and Mortgage Broking courses. Since then, I have been working as a mortgage broker, providing professional financial advice to people in need.

As I became more flexible at work after changing my career, I found myself yearning for the satisfaction and happiness that volunteering had given me before. In 2022, I learned CASS was recruiting volunteers for assisting in settlement services. I applied for the position which I started my journey of volunteering at CASS by providing form-filling and smart device support to new migrants in the community. I was honoured to be elected Alternate Director of the Chinese Australian Services Society in November 2022, and then as a Director a year later, allowing me to contribute more strategically and extend our services to reach even more people in need.



My years of volunteering have not only broadened my social circle but also enriched my worldview and values. It has made me realise the importance of “doing good to others”. By helping others, you are essentially making yourself a better person. This positive energy is interconnected and flows both ways.

The mission of CASS to serve the community and support the multicultural communities deeply inspires me. I often encourage my family members, friends, and colleagues to get involved in volunteering or simply start by being helpful to others. I sincerely hope that I can inspire more people, especially more young people with ambitions and a kind heart, to join the volunteering work and discover the beauty of this world through these valuable experiences.



## 1 Minister and MP Visited CASS Campsie RACF

On 7 August 2025, we welcomed Hon. Sam Rae MP, Minister for Aged Care and Seniors, and Ms. Sally Sitou MP, Member for Reid, to our Campsie Residential Aged Care Facility (RACF). They joined residents' birthday celebrations, recognised staff on Aged Care Employee Day, shared lunch with our Indonesian Activity Group, and concluded with a meeting discussing on strengthening aged care services for multicultural communities.



## 2 CASS Chinese School Won 8 Cups at Chinese Eisteddfod 2025

On 23 August 2025, CASS Chinese School achieved an excellent result at the 34<sup>th</sup> National Chinese Eisteddfod, held at Western Sydney University. Our talented students formed a total of 9 teams, and won a remarkable eight trophies. Nearly 1,500 participants from over 40 community language schools across NSW took part in the competition. Our achievement reflects the efforts of our students, teachers and parents. We look forward to welcoming more students next year to carry out their Chinese learning journey.



## 3 MP Announced Funding for CASS Peakhurst Centre

On 2 September 2025, we welcomed Mr. Mark Coure MP, State Member for Oatley, at our CASS Peakhurst Centre. Mr. Coure MP announced an exciting allocation of over \$25,000 funding granted to the Centre under the Community Building Partnership Program. This funding will support Centre renovations and equipment upgrades in 2025–2026, helping us to maintain a safe and inclusive space for seniors, people with disabilities, and local families.



## 4 CASS Chairperson Prof. Stephen Li Won Volunteer of the Year Award

On 18 September 2025, our Chairperson, Prof. Stephen Li, received the Volunteer of the Year Award at the Third Sector Awards 2025. This honour recognises Professor Li's selfless dedication to the health and well-being of the culturally and linguistically diverse (CALD) communities for over 28 years. As a pathologist, Professor Li has consistently made complex medical information accessible and culturally meaningful through seminars, media, and outreach. During the COVID-19 pandemic, he served as a trusted voice, voluntarily delivering over 400 webinars. As Chairperson, Professor Li has guided CASS through major reforms and growth, including planning the second RACF and pioneering the CASS H-Line Non-Crisis Hotline for mental health support. His compassion and leadership continue to inspire a healthier, more inclusive future. As Professor Li was overseas at the time of the ceremony, the Hon. Chris Minns MP, Premier of NSW, presented the trophy to Professor Li at the CASS Volunteer Thanksgiving Luncheon 2025.



## 5 Mr. Zhi Soon MP visited CASS

On 16 September 2025, Mr. Zhi Soon MP, the new Federal Member for Banks, visited CASS. He toured the Head Office Complex, including the early learning centre, RACF and participated in the Moon Festival Celebration at the activity hall.

Our management team introduced CASS services, highlighting our mental health programs and volunteer model for Seniors Activity Groups, and sought his support for Government funding to sustain our mental health services.



# 6 Volunteer Thanksgiving Luncheon 2025 Successfully Held

On 23 September 2025, over 350 CASS volunteers, friends and guests united at the Rhodes Phoenix Chinese Restaurant for the CASS Volunteer Thanksgiving Luncheon. Volunteers were celebrated and appreciated, receiving certificates from distinguished guests representing Federal, State, and local Councils. The event warmly highlighted the vital role of our volunteers in nurturing community spirit and supporting multicultural growth. Click [here](#) to view and retrace the joyful moments at the luncheon.



## 1. DISABILITY SERVICES (DS)

### Didimdol (Stepping-Stone onto the Community Program)

For the past six years, our “Didimdol (means Stepping-Stone)” has been providing ongoing opportunities for people with disability and their carers to engage with the wider community.

The program supports community access, participation, and capacity building for people from Korean, Chinese, and other backgrounds. Through cultural, recreational, and educational activities, it strengthens social connections, confidence, and independence.

Didimdol continues to foster inclusion for people with disability and their carers, enriching lives through culture, recreation, and shared learning. Meetings are held monthly.

For enquiries, contact Ms. Jessie Park on 0438 241 402 or follow updates via the Naver Cafe: <https://cafe.naver.com/cassko>



## 2. HOME AGEING SERVICES (HAS)

### “Living Well, Ageing Well” Seminars in Melbourne

Funded by the Manningham Council, our Melbourne HAS team will host the “Living Well, Ageing Well” Seminars which offer free health and wellness talks designed especially for seniors living in the Manningham Council area, with a focus on holistic wellbeing for both body and mind. Two seminars titled “Support at Home Program” and “Quality Sleep” will be held on 7 and 14 November 2025. Please help spread the word to friends in Melbourne and join us in stepping toward a safer, healthier future.

Seats are limited and registration is required. For enquiries and registration, contact Ms Bo Lam (0437 956 639 or [Bo\\_Lam@cass.org.au](mailto:Bo_Lam@cass.org.au)) and Ms Dandan Chen (0411 720 143 or [Dandan\\_Chen@cass.org.au](mailto:Dandan_Chen@cass.org.au)).



**17 OCT-14 NOV 2025**  
**EVERY FRIDAY**  
**10:00 AM-12:30 PM**

Heimat Centre  
125 George Street,  
Doncaster East, VIC  
3109

<b>17 OCT</b> CANTONESE	<b>Fall Prevention</b>	Registered Physiotherapist will introduce: • Fall prevention strategies and evidence-based exercises
<b>24 OCT</b> CANTONESE & MANDARIN	<b>Healthy Diets</b>	Registered Dietitian will introduce: • Key nutrients & Healthy swaps for a traditional Chinese diet
<b>31 OCT</b> CANTONESE	<b>Will-Making</b>	Experienced Lawyer will introduce: • Asset distribution & Will trust
<b>07 NOV</b> CANTONESE	<b>Support at Home Program</b>	Ageing Service Development Manager will introduce: • Support and Home Program
<b>14 NOV</b> CANTONESE & MANDARIN	<b>Quality Sleep</b>	Registered Clinical Psychologist will introduce: • Quality sleep & How to manage and improve sleep



## 3. COMMUNITY SOCIAL SUPPORT SERVICES (CSSS)

For the last six months, our CSSS Volunteering Services team has had an average of 460 active volunteers contributing approximately 39,000 hours to the community. Using the benchmark hourly rate (including relevant on-costs) of \$46.96 per hour, that is over \$1.8 million in-kind contribution of volunteer labour by our volunteers.



This year, we are proud that 22 CASS volunteers were recognised at the NSW Volunteer of the Year Awards, hosted by The Centre for Volunteering, for their outstanding commitment and service to communities across Sydney. This recognition reflects the compassion, dedication, and impact of our volunteers. Congratulations, and we are grateful for the contributions of our entire volunteer team. They are one of the key pillars supporting the development of CASS.

## 4. SETTLEMENT, HEALTH, EMPLOYMENT & TRAINING SERVICES (SHEATS)

From July to September 2025, SHEATS ran a dynamic series of community programs with local councils, libraries, police, and legal partners. Highlights included youth socials, an AI creative workshop, scam prevention and safety talks, energy bill sessions for seniors, and first aid training, legal info sessions, and a family relationships workshop with a police station tour. Engaging over 200 participants of all ages, these vibrant initiatives boosted community connections, knowledge, and wellbeing, earning glowing feedback from attendees.



## 5. Human Resources Management (HRM)

### Portable Long Service Leave Scheme

The NSW Government has launched a new Community Services Industry Portable Long Service Leave Scheme from 1 July 2025. While not all workers in the industry are automatically included, as an eligible employer, all CASS staff members are now **covered** under the scheme as foundation workers.

\*Eligible for long service leave after 7 years of service to the industry

Bonus 1-year service credit as a foundation worker

[More info & FAQs](#)

\*The scheme does not over-ride the requirements of the Long Service Leave Act 1955. Under the Act, staff are entitled to long service leave if they work for 1 employer for 10 consecutive years.



## 6. CHILD CARE SERVICES (CCS)

All of our CASS Gumnut Early Learning Centres, including Campsie, Hurstville and St Leonards, have been named finalists in the prestigious Excellence in Early Childhood Education (EECE) Awards 2025.

From educator excellence and inclusive practices to children's wellbeing, community involvement, and team achievements, this recognition celebrates the passion and dedication of our educators who create warm, inspiring spaces where every child can thrive.

Winners will be announced on 8 November 2025 at the Hyatt Regency Sydney. Best of luck to our amazing team!



## 7. MULTICULTURAL COMMUNITY SERVICES DEVELOPMENT (MCSD)

### SBS Korean Radio Visited CASS Asquith RACF

On 22 September 2025, SBS Korean Radio visited CASS Asquith RACF to cover a special Chuseok (Korean Thanksgiving) celebration for Korean residents. The event featured traditional foods, music, and games, bringing the warmth of Korean traditions to life.

Ms Miok Choi, Lifestyle Officer, and Dr Jane Lee, CASS Care Board Director, were interviewed about the event's cultural significance and the support of CASS for elderly Korean Australians. Click [here](#) to listen to the interview in Korean.



### CASS Hornsby Art Class Exhibition

The Hornsby Art Class showcased a collaborative collage titled "Life" at Hornsby Westfield from 21 to 28 July 2025. Combining individual expressions into one harmonious piece, the artwork celebrated creativity and community. CASS also hosted an info stall to share details of its programs and activities.



### Hornsby English Class Opens

The Hornsby Multicultural English Class launched on 25 July 2025, welcome around 15 participants from Korean and Chinese backgrounds. Led by Dr Jane Lee, CASS Care Board Director, the program goes beyond language learning, promoting cross-cultural exchange and helping participants to build confidence in everyday communication.

### Rhodes English Class Talk & Tea for the Indonesian Community

The CASS English Class Talk & Tea for the Indonesian community began on 1 August 2025, facilitated by volunteer Tiara. Held fortnightly at The Connection, Rhodes, the class has attracted 12 participants who enjoy a supportive learning environment. CASS thanks the City of Canada Bay Council for providing the venue and supporting this initiative.



### Grand Opening of CASS Korean Traditional Dance Class

On 29 July 2025, CASS launched its Korean Traditional Dance Class at the Wentworth Point Library Creative Art Studio, with support from the City of Parramatta Council.

The session began with friendly introductions, helping participants to connect. Laughter and joy filled the room as they learned basic hand movements and shared their first dance experience together. Classes are held every Tuesday at 10:00 am.



# WHAT YOU MAY NOT KNOW ABOUT CASS

## CASS Child Care and Aged Care Services Facilities

CASS offers a wide range of social and welfare services to multicultural communities, supporting people of all ages — from cradle to seniors.

With numerous child care and aged care facilities operating across the Sydney metropolitan area, do you know where they all are? In this issue, we will take you on a tour!

CASS Gumnut Early Learning Centre operates in Campsie, Hurstville, and St Leonards. The centres provide a safe and nurturing environment, offering long day care for ages birth to 5 and Outside School Hours Care (OSHC) for school-aged children under 12.

### CASS Gumnut Early Learning Centre – Campsie (CELC)

Address: 44 Sixth Avenue, Campsie NSW 2194



### CASS Gumnut Early Learning Centre – Hurstville (HELC)

Address: 48 Queens Road, Hurstville NSW 2220



### CASS Gumnut Early Learning Centre – St Leonards (SLELC)

Address: 2/205 Pacific Highway, St Leonards NSW 2065



CASS operates two Aged Care Residential Facilities (RACF), located in Campsie and Asquith, offering 63 and 97 single rooms most with ensuite respectively. From nutritious meals to engaging activities, every detail is designed to help residents feel at home. Our multilingual care team delivers person-centred support with cultural understanding and compassion.

### **CASS Campsie Residential Aged Care Facility**

Address: 67-75 Fifth Avenue, Campsie NSW 2194



### **CASS Asquith Residential Aged Care Facility**

Address: 461-473 Pacific Highway, Asquith NSW 2077



Next to the Asquith RACF is CASS Quartz House. It features 11 Independent Living Units (ILU) and a shared community hall, creating a warm and supportive environment for seniors to enjoy a vibrant, comfortable, and fulfilling retirement.

### **CASS Quartz House**

Address: 461-473 Pacific Highway, Asquith NSW 2077



CASS Yagoona Elderly Hostel is situated in a quiet residential neighbourhood, close to parks and community facilities. The hostel offers 16 single rooms, providing independent seniors with affordable and comfortable accommodation.

### **CASS Yagoona Elderly Hostel**

Address: 253 Cooper Road, Yagoona NSW 2199



# “MY GREAT MOMENTS WITH CASS” PHOTO COMPETITION



A huge thank you to all our amazing staff who participated in the My Great Moments with CASS Photo Competition!

## Now it's time for public voting!

We invite everyone to vote for the photo that best represents My Great Moments with CASS by visiting <https://forms.office.com/r/cx18wa2J78>

 **Voting closes: 4 December 2025, 5:00PM.**

**Each person may vote once only.**

**Winning entries will be announced in our next issue.**



Name: **Alan Wu**

(Team Leader & Publication / Media Communications)

Handshake

At the CASS Volunteers' Thanksgiving Luncheon 2025, I captured a heartwarming moment when our Foundation Chairperson, Mr. Henry Pan OAM, warmly shook hands and exchanged greetings with long-time volunteers Mr. Longfei Huang and Ms. Xiuying Li. As I pressed the shutter, I was able to preserve this touching scene — the couple, who regard Mr. Pan as their role model, shared a heartfelt exchange that beautifully reflected their mutual respect and deep connection.



Name: **Fiona Huang**

(Community Services Coordinator/  
Community Social Support Services)

In Sydney's gentle spring breeze this September, I joined a group of volunteers of the CASS Chatswood Activity Group at the Canterbury League Club, a place embraced by warm sunshine and lush greenery. At the entrance of the restaurant, our laughter filled the air. The group carried the warmth of years of shared dedication, a natural reflection of our bond and mutual affection.



Name: **Jimmy Tran**

(Assistant Day Program Coordinator / Disability Services)

I have only been at CASS for a couple of months, yet from day one I was welcomed with open arms. Colleagues and participants reach out with genuine warmth. My greatest moments come from our daily conversations and laughter – they make this more than just work. At CASS, it truly feels like being part of a caring family.



Name: **Li Zhang**

(Assistant Media Communications Coordinator / Media Communications)

At the CASS End-Of-Year Staff Party 2024, teachers of CASS Chinese School gave a heartfelt performance of the popular song “Tian Mi Mi” (Sweet Honey). The audience joined in enthusiastically, reminiscing together about sweet and joyful moments from the past.



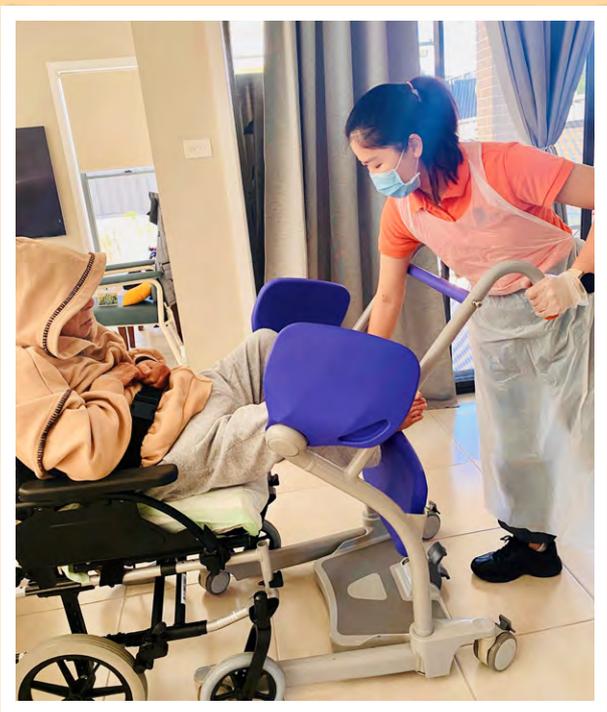
Name: **Thi Thu Thao Dao**

(Vietnamese Team Leader / Multicultural HAS)

The photo was taken during the HCP Viet Group’s outing to the Cherry Blossom Festival at the Japanese Garden in Auburn. Everyone was excited and happily posed without their walking frames! The picture captures their bright smiles and the joy of a sunny day in nature. Participants also thanked their facilitator for organising such a lovely outing.

“MY GREAT MOMENTS WITH CASS”  
PHOTO COMPETITION





Name: **Thi Kim Thoa Le**  
(Support Worker / Multicultural HAS)

Caregiving is more than providing support. It is a journey of love and compassion. Joining CASS has been a blessing, allowing me to connect with clients like family. Every small act, done with respect and kindness, brings warmth and happiness to others. What CASS values has truly inspired me.



Name: **Tracy Yang**  
(Community Services Coordinator/  
Community Social Support Services)

At the CASS Volunteers' Thanksgiving Luncheon 2025, I captured an unforgettable moment as NSW Premier, Chris Minns MP, presented the Volunteer of the Year Award to our Chairperson, Professor Stephen Li. Before over 350 attendees, the atmosphere was filled with pride, gratitude, and celebration of our volunteers' year-long dedication.

# Let's vote!



**"MY GREAT MOMENTS WITH CASS"  
PHOTO COMPETITION**





# SHARING BY A STAFF MEMBER

## A New Journey at 46 – A Beautiful Midlife Chapter with CASS

I am Pauline Kim, former Senior Executive Officer of the Multicultural Home Ageing Services (Multicultural HAS) team. My journey at CASS started over 17 years ago.

After immigrating to Australia in 1989 and raising two children, a simple question “What more can I do here?”. It led me to study welfare at TAFE. In 2008, when my children started high school, I joined CASS part-time at age 46, marking the start of a meaningful and fulfilling chapter.

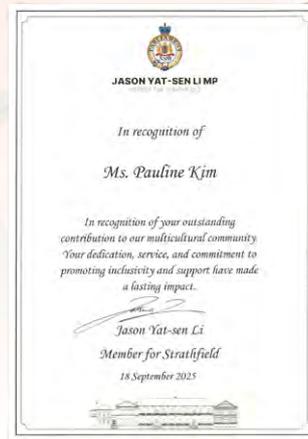
My initial role was to provide home care services to Korean seniors, helping improve their quality of life and supporting a healthy and safe old age. At first, I felt that even this small role was more than I deserved. Back then, we had only 15 Korean seniors receiving services, and CASS was the only organisation with Korean staff offering culturally and linguistically appropriate care.

There were certainly more people in need of services, but due to limited government funding, we were unable to take on additional clients. Though we tried to refer them to other mainstream providers, many struggled to receive adequate support due to language and cultural barriers.

Everything changed with the 2017 Aged Care Reform, which allowed seniors to choose their own service providers. This was a major turning point.

Motivated by the hope that “more Korean seniors could benefit from quality services,” my colleagues and I began working tirelessly. As a result, we were able to expand our services through CHSP (Community Home Support Program) and HCP (Home Care Package), now supporting over 800 Korean clients.

Our Korean staff team also grew alongside this expansion. From just two part-time office staff and a handful of support workers in the beginning, we now have over 130 Korean staff members dedicated to supporting the lives of our seniors. The service has since grown beyond the Korean community to include Vietnamese, Indonesian, and other multicultural communities.



Looking back, the opportunities and support I received from CASS allowed me to grow step by step, contributing to society and finding a true sense of belonging.

Though the journey had challenges, every moment with colleagues and clients has become a cherished memory. The efforts and sacrifices made to serve others brought me immense joy and gratitude. Whenever I felt inadequate, the kindness and encouragement of those around me kept me going.

My time at CASS remains one of the most meaningful chapters of my life. While I have stepped down from my executive role, I will continue to serve as a Board Director of CASS Care, supporting the community with ongoing commitment. I hope to dedicate the rest of my life to bringing happiness to others, guided by grace and humility.



# Notice Board



## END-OF-YEAR STAFF PARTY

We are excited to celebrate with two sessions of the End-of-Year Staff Party on 28 November and 12 December 2025 at Rhodes Phoenix Chinese Restaurant. Dress up, join the fun, and enjoy the festivities!

## 2025 END-OF-YEAR BREAK

2025 End-of-Year Break will start from Monday, 22 December 2025 to Friday, 2 January 2026. Enjoy the upcoming Christmas/New Year holiday!

### Note:

The end-of-year break period does not apply to Home Ageing Services, Disability Services, and Residential Aged Care Services.

# Break Time



## Staff Benefits

### CASS Chinese School Discount

Children of CASS staff members receive 50% discount on tuition fees\* while children of CASS Chinese School teachers enjoy a 100% tuition fee waiver\* at all five locations of CASS Chinese School:

- **Campsie** (using the premises of Harcourt Public School);
- **Hurstville** (using the premises of Hurstville Public School);
- **Kogarah** (using the premises of Kogarah High School);
- **Connells Point** (using the premises of Connells Point Public School); and
- **Sydney Tech** (using the premises of Sydney Technical High School).

\*The \$35 annual administration fee is not included in the discount or waiver.

### CASS Childcare Discount

CASS staff can enjoy the following discounts in all our 3 ELCs:

- **15% off** using a full week of service;
- **10% off** for using service partially of the week.





## External Discounts and Offers

We are thrilled to announce the variety of great benefits below. Proof of CASS staff identity such as the staff profile page in the HumanForce app is required to be shown for consumption on site. Enjoy the offers!



Designed to bolster your immune system while boosting energy and overall vitality, this product offers comprehensive immune and vitality support, supports lung function and kidney balance, helps promote relaxation for more restful sleep, and relieves cough and throat irritation, contributing to your general health and well-being all year round.

Online shop: [CLICK HERE](#)



## POWERROLL®

This fast-acting pain remedy targets muscle and joint discomforts, including back pain, inflammation, swelling, and arthritis. Formulated with emu and natural essential oils, it comes in hot and cool roll-on oil, cream, or patch forms for convenient relief.

Online shop:

[CLICK HERE](#)



Featuring a premium blend of manuka honey, propolis, and royal jelly, all highly prized for superior purity and quality, this powerful combination offers significant benefits, including antibacterial, antioxidant, and anti-inflammatory properties, working to boost immunity and energy and improve overall wellness.

Online shop: [CLICK HERE](#)



## MALE BOOST PLUS

This natural supplement for men is designed to significantly enhance vitality and energy. It provides comprehensive support for male health, including promoting a healthy libido, sexual function, and reproductive health, while also supporting optimal prostate and kidney function.

Online shop: [CLICK HERE](#)

## 东阿阿胶



This product is formulated to replenish Qi and blood, working to enhance beauty from within. It nourishes blood and Yin, which can help alleviate symptoms such as dizziness and insomnia.

Online shop: [CLICK HERE](#)

Offer:



Discount code:

**CASS**

Expiry:

28 February 2026 (all items)

Tel: 02 9638 2000

WeChat QR Code:





# GONG

GROCER

阿  
超市

Tel: (02) 8044 3058



### Address:

- 1) **World Square Shopping Centre:**  
(Lower Ground, Shop 8.01/644 George St, Sydney 2000)
- 2) **Gong Grocer IGA Kingsford:**  
(361 Anzac Parade, Kingsford NSW 2032)

Sydney's Asian supermarket in the heart of the city, featuring a liquor store, on-site butcher, and a wide selection of Chinese, Vietnamese, Thai, Indonesian, Malaysian, Japanese, and Korean groceries.



## How to Join and Activate Your Gong Grocer x CASS Care Membership:



### Step 1: Register for Membership via Go Reward and Gong Grocer

- 1) Download the **Go Reward** app and register as a member. You will receive a Go Reward card number.
- 2) Within the app, select **Gong Grocer** and link your account by creating a Gong Grocer Loyalty profile.
- 3) Register for the **Gong Grocer x CASS Care Program** by signing up via <https://2ly.link/27ZhY> or by scanning the QR code provided.
- 4) Enter your Go Reward card number during registration.
- 5) Receive an email with an activation barcode within 7 days.



### Step 2: Activate Your Membership and Start Redeeming

- Once your registration is complete, you will receive an email with an activation barcode to unlock your discount.

### To activate your membership:

- On your first purchase, scan both your **digital membership card** in the Go Reward app and the **activation barcode** at checkout.

### For all future purchases:

- Scan your **digital membership card** to collect points and enjoy 5% off — no need to scan the activation barcode again.

**Terms & Conditions:** <https://gonggrocer.ezirewards.net/tnc>



# Notice Board

## Staff Benefits



**Tel:** Tony Szeto 0414 572 576

A global leader in wellness, OSIM offers massage chairs and health devices designed to support healthier, happier lives as trusted by millions worldwide.



### Offer:

- Get a \$100 OSIM voucher with purchases over \$1,000, or
- Save \$500 on any massage chair purchase over \$5,000.

### Terms & Conditions:

- Offer valid at OSIM stores in Australia until 28 February 2026.
- Minimum \$1,000 spent in a single transaction required.
- Voucher redeemable in-store only at OSIM Australia locations.
- OSIM reserves the right to make the final decision on all matters.



## Westpac Exclusive Home Lending Support

Westpac supports individual Home Ownership Goals with:

- Buying their first or next home;
- Purchasing investment properties;
- Understanding their borrowing capacity; and
- Reviewing their mortgage through a Home Loan Health Check to ensure they get the best rates and options.

CASS staff can access exclusive offers through the Corporate Partnership with Westpac.

For more details, contact Kelly Mak at Westpac at 0422 393 924 or [kelly.mak@westpac.com.au](mailto:kelly.mak@westpac.com.au)



## Living Springs Health Group

An allied health company that offers physiotherapy, exercise classes (pilates and elderly exercise classes), occupational therapy, and massage services.

**Tel:** (02) 8077 8378

### Address:

- 1) Shop 3, 2 Barratt Street, Hurstville NSW 2220
- 2) 44 Belmore Street, Burwood NSW 2134

### Offer:

All CASS staff and members receive physiotherapy, pilates or elderly exercise class services at no out-of-pocket costs if they have private health insurance. It must be mentioned that they are from CASS to access these benefits.



# Notice Board

# Staff Benefits

**UGG**<sup>®</sup>  
1978AUS

## Abw International Trade Pty Ltd

An officially certified UGG brand by IP Australia, known for quality, craftsmanship, and premium UGG products.

**Tel:** 0458 462 161

**Email:** iamjo117@hotmail.com

**Website:** [www.ugg1978.com.au/](http://www.ugg1978.com.au/) (or [www.amazon.com.au](http://www.amazon.com.au) search UGG 1978AUS)

**Offer:** 10% discount  
(call / text or email Jo at 0458 462 161/ [iamjo117@hotmail.com](mailto:iamjo117@hotmail.com) and quote "Cass" to redeem).



Offer  
**10% OFF**



## Cherry Beans Café

Sourcing fresh, flavourful beans globally, expert baristas ensure perfect coffee daily, paired with a variety of fresh breads and cakes at all Australian branches.

**Tel:** 0481 848 987

**Address:** 979 Victoria Rd, West Ryde NSW 2114

**Offer:**

10% off for all CASS staff

**Terms & Conditions:**

- Cash payments only.
- Valid until 31 December 2025
- Apply to drinks, breads, cakes, and desserts.
- Present CASS business card or name badge to redeem.

  
CHERRY BEANS  
BAKERY CAFE

Offer  
**10% OFF**



## Dumpling Room

A Chinese restaurant offering homemade dumplings and noodles

**Tel:** (02) 9516 1640

**Address:** 124 King Street, Newtown NSW 2042

**Offer:**

10% off the total bill, including food and drinks (offer valid daily from 5 pm onwards. Cannot be combined with other in-store promotions.)



Offer  
**10% OFF**





## Karpro Group Pty Ltd (t/as Karpro Tyre & Auto)

A trusted, family-owned auto repair and tyre business serving Campsie and Miranda since 2002, known for honest service, expert repairs, and community support with tailored offers.

**Tel:** (02) 9195 5111

**Address:** 1) 106 Beamish Street, Campsie NSW 2194  
2) 526 Kingsway, Miranda NSW 2228

**Website:** <https://www.tiktok.com/@karprotyreandauto> or [www.karpro.com.au/](http://www.karpro.com.au/)

### Offer:

10% for all vehicle servicing and mechanical repairs (excludes registration checks and tyres)

### Terms & Conditions:

- Exclusive to current CASS staff with valid proof of employment (e.g., HumanForce app profile).
- Offer invalid if employment ends.
- Applies to staff-owned vehicles only; not transferable to family, friends, or others.
- Limited to one vehicle per staff member.
- Vehicle must be privately registered; excludes Uber, rideshare, taxi, and commercial vehicles.
- Applies only to mechanical repairs and servicing; excludes tyres and registration checks (eSafety inspections).
- Must be mentioned at booking; cannot be combined with other offers.



## ECHO Lawyers

A legal services firm established by Solicitor & Notary Public Mr. Dong Chul Jung.

**Tel:** 0412 779 281

**Email:** [echolawyers@outlook.com](mailto:echolawyers@outlook.com)

### Legal Service Discounts: \$50 off

#### 1) Will Preparation

- Individual: \$300 → \$250
- Couple: \$500 → \$450

#### 2) Enduring Power of Attorney (Financial)

- Per person: \$200 → \$150

#### 3) Enduring Guardianship Appointment

- Per person: \$200 → \$150

### Terms & Conditions:

- Exclusive to CASS staff and members regardless of community background.
- Valid by June 2026.

# ECHO LAWYERS



## Make A Friend Pty Ltd - Moon Rituals

An online store offers a curated selection of crystals, candles, crystal jewelry, and spiritual products designed to help release stress and reconnect with inner peace.

**Tel:** 0432 715 127

**Online business:** [www.moonrituals.com.au](http://www.moonrituals.com.au)

### Offer:

35% Off -  
use Code "CASS" at checkout



moon rituals



## Notice Board

## Staff Benefits

Ph: 02 9267 9850

### Chen's Little Kitchen

Expertly blending traditional flavors with modern convenience, it delights patrons with exceptional Cantonese cuisine.

**Tel:** (02) 9267 9850

**Address:** 108 Beamish Street, Campsie NSW 2194

**Online booking:** <https://chenslittlekitchen.yumbojumbo.com.au/>

**Offer:** 5% off during the dinner session, excluding discounted set packages and live seafood.



### Pleasant Chinese Restaurant

Offering authentic and flavourful Chinese cuisine in a warm setting. Spacious private VIP room available, perfect for family celebrations.

**Tel:** 0424 818 688

**Address:** 469 King Georges Road, Beverly Hills NSW 2209

**Opening Hours:** Wed – Sun; 5:30pm – 10:30pm

**Offer:** 10% off, excluding discounted set packages



## Recreation Groups

CASS staff, family members, and volunteers are welcome to join the following Recreation Groups



### CASS Staff Badminton Group

Every Monday and Wednesday, 6 pm – 8 pm.  
CASS Activity Hall in Campsie

**\$2 per attendance**

**All staff are welcome!**

Scan the WhatsApp QR code to register.



### CASS Table Tennis Group

Every Tuesday, 6 pm – 8 pm.  
CASS Activity Hall in Campsie

**\$2 per attendance**

Scan the WhatsApp or WeChat QR code to register.



## Kitchen



**Amy Xiong**

General Services Worker/  
Kitchen Hand

## Finance



**Cloris Liu**

Assistant Accounts Clerk  
*Grateful for the opportunity to join CASS and contribute to both people and organisation.*



## Home Ageing Services (HAS)



**Evy Rahardja**

Multicultural HAS Care  
Coordinator (Indonesia)  
*I am very excited to join the team as a new Home Care Coordinator. I am from Indonesia.*



**Rita Ma**

Care Coordinator  
*I am glad to join the CASS family.*



**Ellie Cho**

Support Worker  
*Passionate about helping others and growing together with CASS.*



**Kum Hee Lee**

Support Worker  
*I am very happy to be working together! I look forward to your guidance and support in the future.*



**Soo Ah Kim**

Rostering Coordinator  
*Excited to rejoin CASS and contribute my skills to support our community with care.*



**Keira Tan**

Rostering Coordinator



**Josep Park**

Support Worker



**Lucy Zhang**

Support Worker



**Andrew Lee**

Support Worker



**Lawrence Chong**

Support Worker



## Residential Aged Care Services (RACS) - Asquith



**Suki Ko**

Assistant in Nursing  
(Certificate III)



**Jia Jeon**

Assistant in Nursing  
(Certificate III)



**Jiangnan Li**

Assistant in Nursing  
(Certificate III)



**Olivia Seo**

Assistant in Nursing  
(Certificate III)



**Rachel Yang**

Assistant in Nursing  
(Certificate III)



**Shelly Huang**

Assistant in Nursing  
(Certificate III)



**Karen Guo**

Assistant in Nursing  
(Certificate III)



**Yeji Kim**

Assistant in Nursing  
(Certificate III)



**Janet Guo**

Assistant in Nursing  
(Certificate III)



**Iris Zhao**

Assistant in Nursing  
(Certificate III)



**Chelsey Chan**

Registered Nurse



**Ci Zhang**

Registered Nurse

Excited to join the CASS team and  
look forward to growing together!

## Residential Aged Care Services (RACS) - Campsie



**Cherry Tang**

Registered Nurse



**Libby Wu**

Recreational Activity  
Officer

## Disability Services (DS)



**Chunhong Chang**

Support Worker



**Thomas Ham**

Support Worker



**Lang Xie**

Support Worker



**Rachel Lau**

Assistant Operations  
Coordinator

## Child Care Services (CCS)



**Grace Chen**

Early Childhood Educator  
(Certificate III) / HELC



**Niru Thapa**

Kitchen Assistant /  
SLELC

## Community Social Support Services (CSSS)



**Taris Chan**

Community Services  
Coordinator

## Multicultural Community Services Development (MCSD)



**Annie Jee**

Settlement Worker